

## PATENT CLAIMS

1. A helmet consisting of an outer helmet with a head-protecting part (1) which essentially covers the side, top and back of the head, a chin guard (3) in front of the lower part of the face and a transparent visor (2) which covers the field of vision of the person using the helmet, together with an inner helmet which is connected to the outer helmet, which inner helmet abuts against the user's head,  
5 characterised in that the two elements - chin guard (3) and visor (2) - are individually pivotably connected about a point (D) on each side of the head-protecting part, with the result that the visor (2) moves within the inside of the  
10 head-protecting part (1) of the helmet and the chin-protecting part (3) of the helmet moves within the visor (2).
2. A helmet according to claim 1,  
characterised in that at the visor (2) and the chin guard (3) there is provided a clutch mechanism (5) which permits individual movement of chin guard (3) and visor (2)  
15 about the pivot point (D) on the head-protecting part (1) of the helmet.
3. A helmet according to claims 1-2,  
characterised in that the pivot point and the attachment point for the visor and the  
chin guard is a bolt connection with a self-locking nut.
4. A helmet according to claims 1-3,  
20 characterised in that on the inside in the front edge of the head-protecting part there is provided a bar or strip which abuts flexibly against the outside of the visor.
5. A helmet according to claim 1-4,  
characterised in that the two elements - chin guard (3) and visor (2) - are  
25 individually pivotably connected concentrically about a point (D) on each side of the head-protecting part